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## Patient Blood Management in Action

Steps for implementing PBM in healthcare settings

#### **Key Pillars of PBM**

- Optimize hematopoiesis
- Minimize blood loss & bleeding
- **Enhance tolerance to anemia**



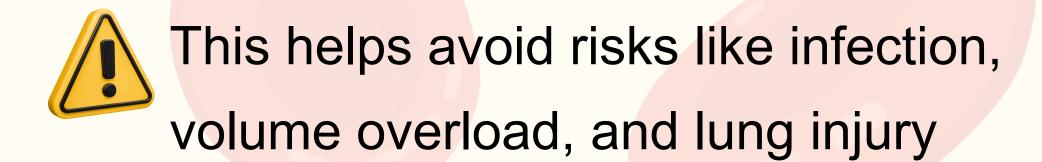
#### Steps to implement PBM:

- **1** Form a PBM Team: Bring together anesthesiologists, surgeons, hematologists, nurses, & transfusion specialists
- 2 Assess Practices: Review transfusion practices & anemia screening
- Develop Protocols: Set guidelines for anemia management & reducing blood loss
- Educate Staff: Hold workshops & training to ensure everyone's on board
- Monitor & Feedback: Track transfusion rates and patient outcomes for continuous improvement



### **Conservative Transfusion Strategy**

Transfuse only when hemoglobin drops below **7 g/dL** (general patients) or **8 g/dL** (patients with cardiovascular disease)





# How are PBM practices implemented in your healthcare setting?

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