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Patient Blood Management in Action

**Steps for implementing PBM in
healthcare settings**

Key Pillars of PBM

- 🩸 Optimize hematopoiesis
- 🩹 Minimize blood loss & bleeding
- 💪 Enhance tolerance to anemia

Steps to implement PBM:

- 1 Form a PBM Team:** Bring together anesthesiologists, surgeons, hematologists, nurses, & transfusion specialists
- 2 Assess Practices:** Review transfusion practices & anemia screening
- 3 Develop Protocols:** Set guidelines for anemia management & reducing blood loss
- 4 Educate Staff:** Hold workshops & training to ensure everyone's on board
- 5 Monitor & Feedback:** Track transfusion rates and patient outcomes for continuous improvement

LSBT



Conservative Transfusion Strategy



Transfuse only when hemoglobin drops below **7 g/dL** (general patients) or **8 g/dL** (patients with cardiovascular disease)



This helps avoid risks like infection, volume overload, and lung injury

**How are PBM
practices
implemented in your
healthcare setting?**

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